

Appropriate Responses 1

Referral agencies

About the workshop

This one-day workshop is suitable for professionals and individuals who wish to develop an understanding of existing specialist agencies who can offer support to survivors of domestic and sexual violence.

Delivery method

The workshop will be delivered in an experiential style and will give the participant an in depth understanding of the support agencies in the area.

The workshop will be delivered by professional counsellors with a high-level of experience in working with clients around the issue of violence against women, and will draw upon their own expertise and working practice to complement the taught elements of the programme.

Learning objectives

On completion of this module the participant will:

- Understand the need for appropriate policies and procedures in order to respond appropriately to disclosures of sexual and domestic violence.
- Gain an understanding of the way that referral agencies such as Women's Aid and Rape Crisis Centres work.

Appropriate Responses 2

Active Listening

About the workshop

This one-day workshop is suitable for professionals and individuals who wish to develop an understanding of appropriate listening skills designed to support a survivor of sexual or domestic violence.

When someone has experienced sexual or domestic violence they will often have experienced total powerlessness. The effects of feeling powerless can be traumatic and can affect the survivor long after the violence has ended leaving a survivor feeling unsure about how she feels and what she wants to do.

When supporting a survivor of sexual or domestic violence it is important to be able to listen without influencing the survivor in any way, and to be able to empower a survivor to make decisions that are right for her.

Delivery method

The workshop will be delivered in an experiential style and will give the participant an in depth understanding of the skills of active listening within an empowerment model. The workshop will be delivered by professional counsellors with a high-level of experience in working with clients around the issue of violence against women, and will draw upon their own expertise and working practice to complement the taught elements of the programme.

Learning objectives

On completion of this module the participant will:

- Develop a range of active listening techniques to support a woman making a disclosure of sexual or domestic violence.
- Develop an understanding of a woman centred empowerment model of listening.

Course costs vary depending on the number of participants and location of training. To discuss your requirements, or to find out about further programmes and our bespoke training and consultancy services, please contact Eva Training & Consultancy on 01642 490 677 or go to www.eva-training.org.uk

Appropriate Responses 3

Self-esteem and Confidence

About the workshop

This one-day workshop is suitable for professionals and individuals who wish to develop an understanding of the impact that sexual or domestic violence can have on a survivor's confidence and self esteem.

Many survivors of sexual or domestic violence are left feeling worthless and in some cases blame themselves for the violence they have suffered. Many perpetrators of sexual or domestic violence, directly or indirectly, blame the survivor for the violence and abuse as a way of excusing their behaviour.

Delivery method

The workshop will be delivered in an experiential style and will give the participant an in depth understanding of the impact of sexual and domestic violence on a survivor's self esteem. The workshop will explore a range of techniques and exercises designed to improve self-esteem and confidence.

The workshop will be delivered by professional counsellors with a high-level of experience in working with clients around the issue of violence against women, and will draw upon their own expertise and working practice to complement the taught elements of the programme.

Learning objectives

On completion of this module the participant will:

- Understand the impact that domestic and sexual violence can have on a woman's self esteem.
- Develop a range of techniques that can be used to support a woman to improve her self-confidence.

Course costs vary depending on the number of participants and location of training. To discuss your requirements, or to find out about further programmes and our bespoke training and consultancy services, please contact Eva Training & Consultancy on 01642 490 677 or go to www.eva-training.org.uk