

## Understanding Rape

### About the workshop

This one-day workshop is suitable for professionals and individuals who wish to develop an understanding of rape.

The workshop is delivered in an experiential style and will give the participant an in depth understanding of the issue.

### Delivery method

The workshop is delivered by professional counsellors with a high-level of experience in working with clients with this issue, and will draw upon their own expertise and working practice to complement the taught elements of the programme.

### Learning objectives

On completion of this module the participant will:

- Understand the principal immediate and long term effects of rape on victims/survivors and their families.
- Understand why so few women report rape to the police.
- Understand society's response to the issue of rape and how this can effect a victim/survivor.
- Develop a range of strategies to help the participant to respond appropriately to a disclosure of rape.